

Should You Get Your Wisdom Tooth Extracted If It's Not Causing Any Pain?

Newsletter: January 2026 | Srinivasa Multispeciality Dental Hospital

Many patients ask, "Doctor, my wisdom tooth is not paining... should I still remove it?" Pain is often a late warning sign. Wisdom teeth can silently cause damage long before pain starts.

What Is a Wisdom Tooth?

Wisdom teeth are the last teeth to erupt, usually between 17–25 years. Because modern jaws are smaller, these teeth often erupt improperly or get impacted.

Hidden Problems Without Pain



Food trapping and decay



Gum infection (pericoronitis)



Damage to neighboring teeth



Jaw cysts and bone loss



When Should Wisdom Teeth Be Removed?

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When Removal Is NOT Required

A wisdom tooth can be retained if it is fully erupted, well-aligned, easy to clean, and shows no signs of decay or infection.

When Preventive Removal Is Recommended

- Partially erupted or impacted teeth
- Difficulty in cleaning
- Risk to adjacent teeth
- Orthodontic treatment planning

Why Early Removal Is Better



Softer bone



Faster healing



Fewer complications



Easier surgery

Is the Procedure Painful?

Wisdom tooth removal is done under local anesthesia. The procedure is painless, and post-treatment discomfort is temporary and manageable.



Frequently Asked Questions

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1

If there is no pain, can I wait?

Yes, but only after proper evaluation.

2

Will every wisdom tooth cause problems?

No, some erupt normally.

3

How long does extraction take?

15-45 minutes depending on complexity.

4

Is swelling normal?

Mild swelling is common and temporary.

5

Can wisdom teeth affect braces?

Yes, they may interfere with orthodontic results.

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